



Working Together

TUFTS AND THE COMMUNITY: CHINATOWN



Our Commitment

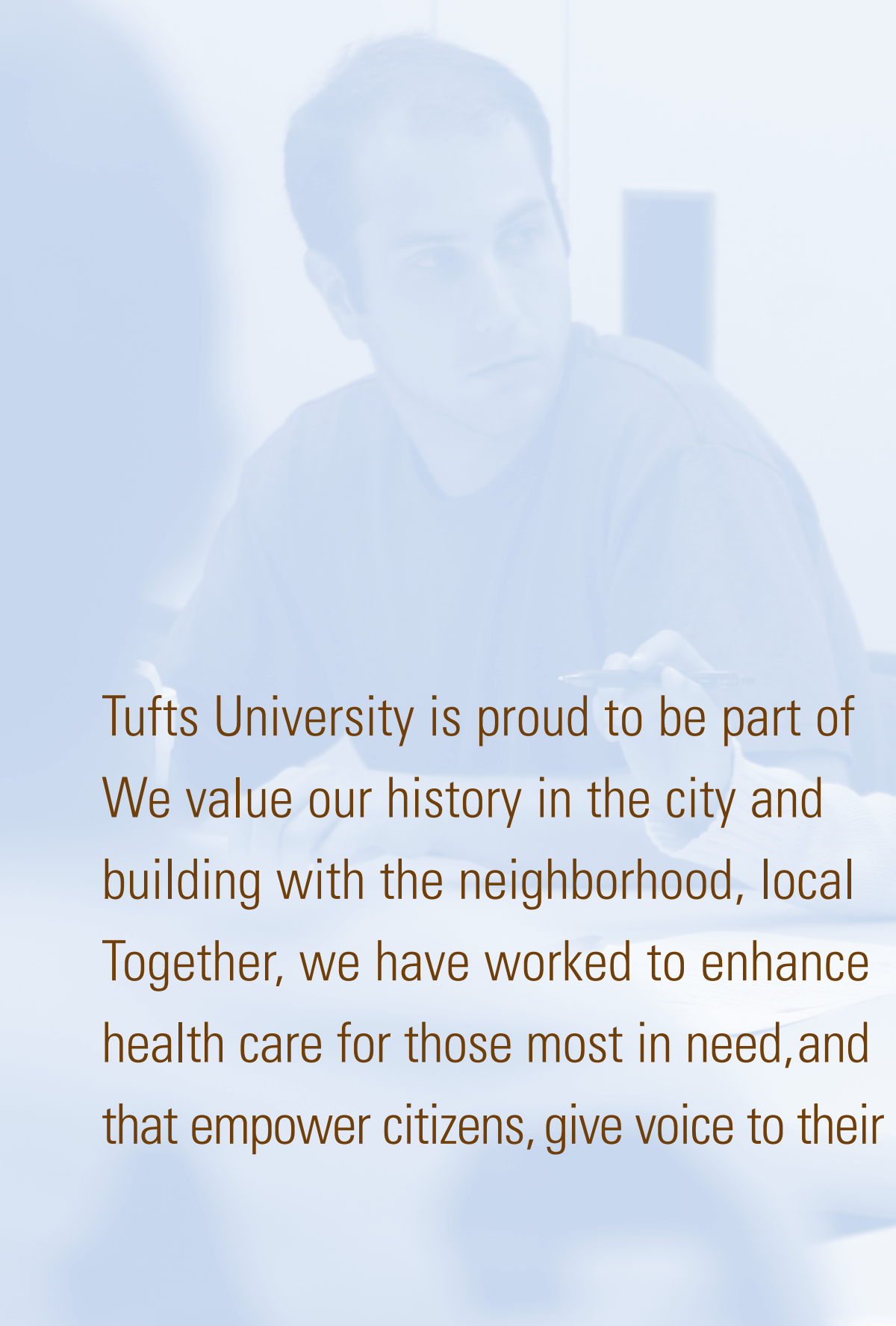
The Health Sciences campus of Tufts University, consisting of the School of Medicine, the School of Dental Medicine, the Sackler School of Graduate Biomedical Sciences, and the Friedman School of Nutrition Science and Policy, is located in Boston's Chinatown district.

Tufts has educated thousands of healthcare professionals at our health sciences campus, training the next generation of doctors, dentists, biomedical researchers, nutrition scientists, and policymakers.

Over the years, Tufts has fostered many collaborative relationships that contribute to the continued growth of Chinatown community of more than five thousand. Each year, students and scholars from Tufts' health sciences schools, and the graduate and undergraduate Schools of Arts and Sciences, and Engineering, bring new educational programs to Chinatown's schools and research and resources to community organizations. In turn they learn valuable lessons about issues specific to immigrant communities as well as the power of grassroots activism from this community that is a cultural, social service, and economic hub for the region. Tufts has derived great benefit from working with and learning from this community's residents and dedicated leaders.

This report highlights some of our many activities and partnerships in Chinatown. If you have any questions, please contact the Office of Community Relations at 617.627.3780.



A young man with dark hair is sitting at a desk, looking slightly to the right with a thoughtful expression. He is holding a pen in his right hand. The image is overlaid with a semi-transparent blue filter. The text is written in a brown, serif font, positioned in the lower half of the image.

Tufts University is proud to be part of
We value our history in the city and
building with the neighborhood, local
Together, we have worked to enhance
health care for those most in need, and
that empower citizens, give voice to their



Chinatown and its rich cultural heritage.
the collaborative relationships we are
schools, and community organizations.
educational opportunities, expand
support social and civic organizations
concerns, and improve the economy.

Dental

Education gives children a healthy start. Screenings and treatment improve oral health for all residents.



Dental treatment and education programs are broad in scope and provide care to all ages across the community.

Twice weekly, a clinic geared to children in Chinatown is held by the Tufts Department of Pediatric Dentistry. The program, established in 2000, annually treats approximately 550 patients and performs about 2000 procedures. A Chinese-speaking interpreter is available during all sessions of this clinic. Post-operation instructions (written in Chinese, if necessary) are given to parents or caregivers following their child's dental procedure.

The Dental School's Smile Squad is a student-run, community outreach program focused on improving the oral health of people in Boston and its surrounding communities. Since 1982, the Smile Squad has participated in dozens of health fairs, including the Oak Street Fair in Chinatown. The group also visits the Josiah Quincy School, children with special needs, persons in assisted-living facilities, and other locations.

Students and faculty also provide a wide range of services, including providing free oral health information, supplies, and screenings through-

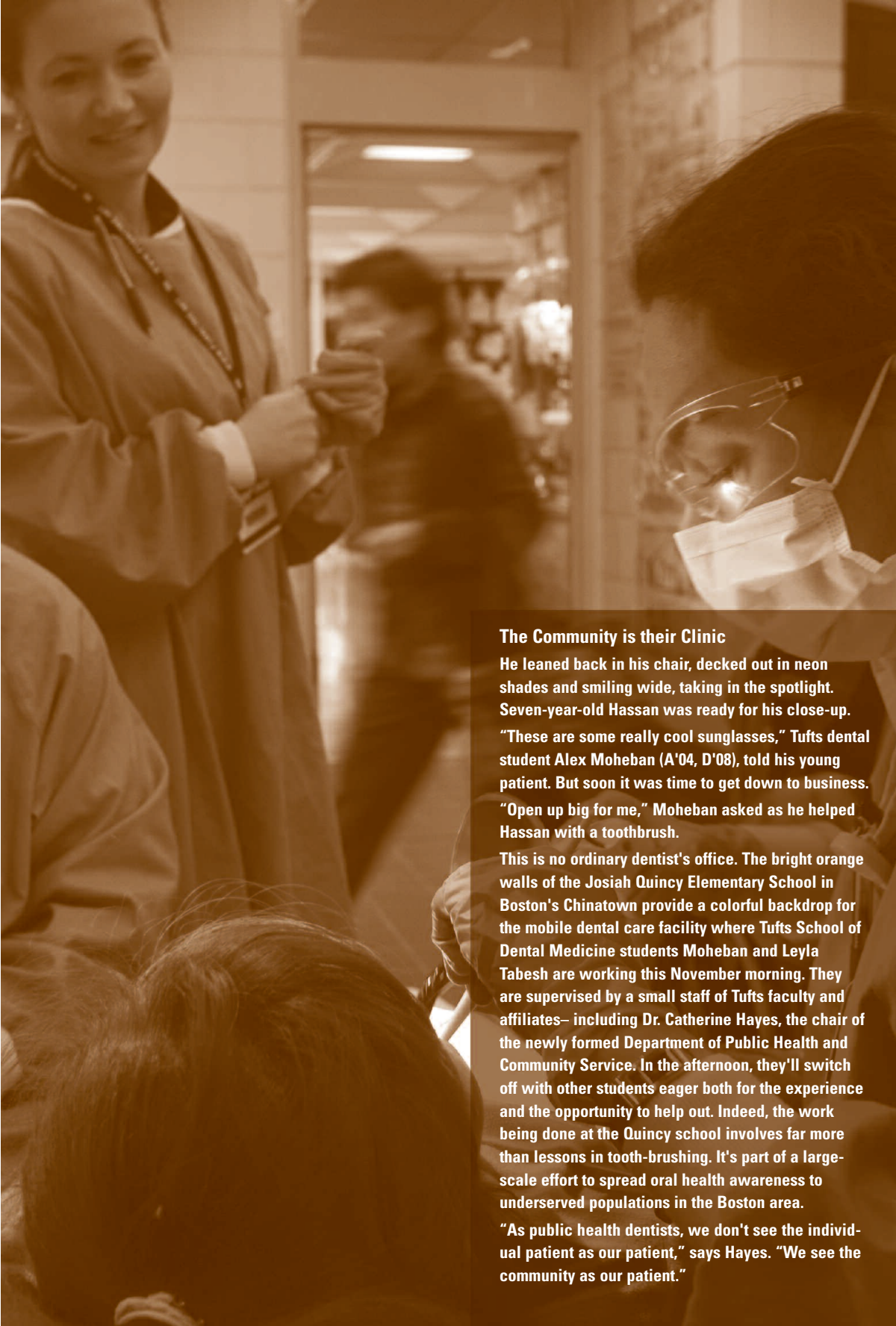
out the Boston area and region. Volunteers also contribute their time to the Oak Street Fair; the Smile, Share, and Care Program at the Wang YMCA's Day Care Center; and dental education at the South End Chinese Church Head Start program.

Tufts is the largest dental-school provider of Medicaid (MassHealth) services in Massachusetts.

The School of Dental Medicine provides oral health care for more than 19,000 patients each year. Delta Dental of Massachusetts recently awarded a \$5 million gift to the School of Dental Medicine to improve access to dental care for persons with special needs and other underserved populations.

The Tufts Dental Facilities for Persons with Special Needs, headquartered at the Fernald School in Waltham, was established in 1976. It has eight satellite clinics that serve more than 17,000 patients each year from Boston and the region with mild to severe disabilities.

For more on dental resources and programs, see the listing at the back of this book or contact Community Relations at 617.627.3780.



The Community is their Clinic

He leaned back in his chair, decked out in neon shades and smiling wide, taking in the spotlight. Seven-year-old Hassan was ready for his close-up.

"These are some really cool sunglasses," Tufts dental student Alex Moheban (A'04, D'08), told his young patient. But soon it was time to get down to business. "Open up big for me," Moheban asked as he helped Hassan with a toothbrush.

This is no ordinary dentist's office. The bright orange walls of the Josiah Quincy Elementary School in Boston's Chinatown provide a colorful backdrop for the mobile dental care facility where Tufts School of Dental Medicine students Moheban and Leyla Tabesh are working this November morning. They are supervised by a small staff of Tufts faculty and affiliates— including Dr. Catherine Hayes, the chair of the newly formed Department of Public Health and Community Service. In the afternoon, they'll switch off with other students eager both for the experience and the opportunity to help out. Indeed, the work being done at the Quincy school involves far more than lessons in tooth-brushing. It's part of a large-scale effort to spread oral health awareness to underserved populations in the Boston area.

"As public health dentists, we don't see the individual patient as our patient," says Hayes. "We see the community as our patient."

Medical

Programs offer access to information and care. A new online resource crosses language barriers. Students contribute to and learn from the community.



Tufts extends medical resources to the Chinatown community via the classroom, community centers, clinics, and most recently on the Web.

One such initiative is the Sharewood Project, a healthcare clinic organized by medical students and physicians that offers free medical services to the medically underserved in the Boston-area Asian community. The clinic, currently located in Malden, provides health education materials and offers screenings at the Oak Street Fair and other community events and offers Spanish, Mandarin, and Cantonese translation. Sharewood has served more than 1,500 patients, most of whom do not have health insurance.

The School of Medicine offers “Community Selectives” in which many students choose to work with community organizations and schools in Chinatown. Examples include:

- Medical students and students from the School for the Museum of Fine Arts implement an integrated art and healthcare project at South Cove Community Health Center.
- Students help develop and conduct health workshops relevant to the immigrant Chinese community, while learning about elements of culturally competent health education programs.

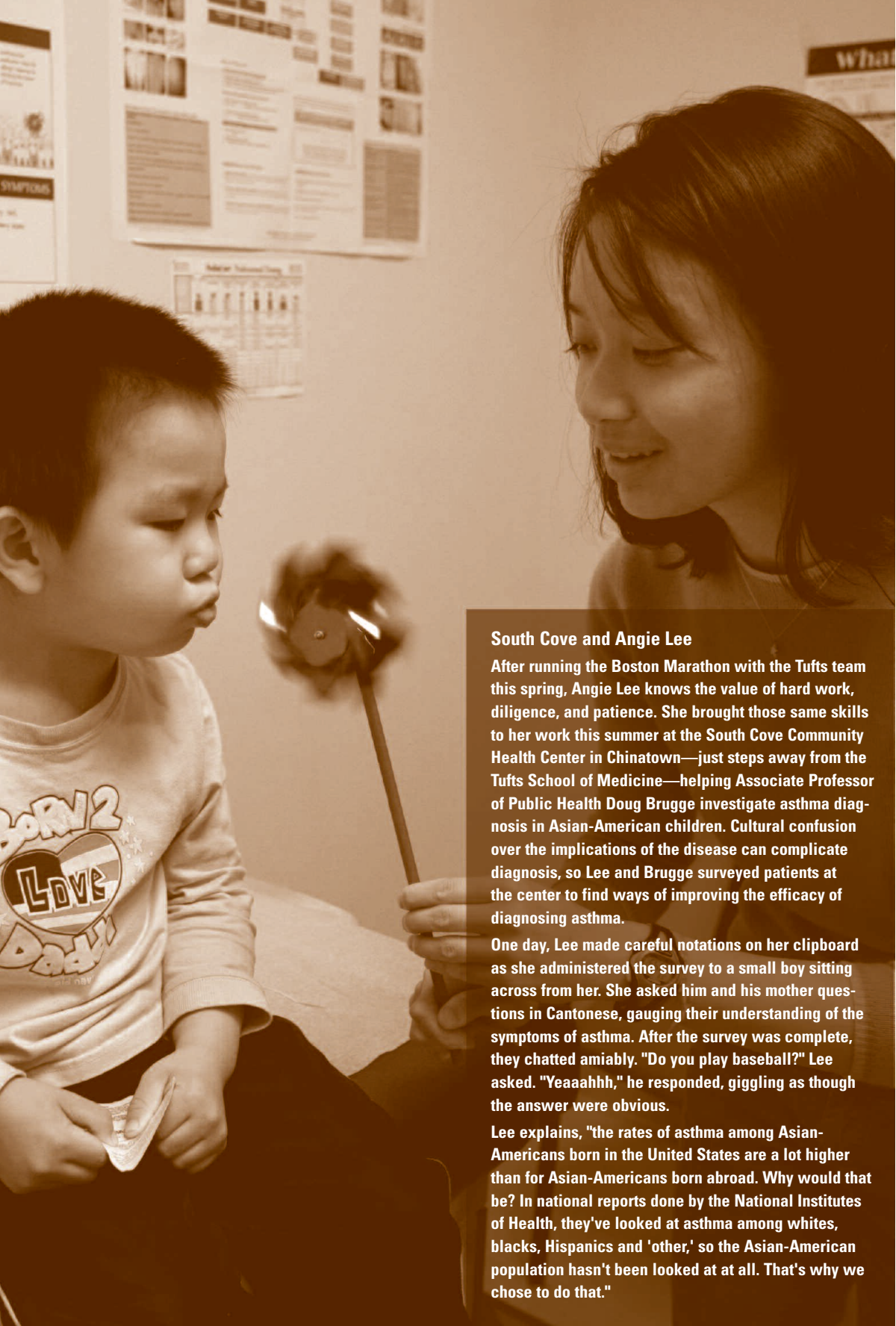
- In order to improve learning and wellness among youth, Medical School students address issues of physical health and nutrition at the Josiah Quincy School.

- Medical students also help children with homework, computer skills, arts and crafts, and health and fitness activities in various after-school programs.

Several Tufts student organizations are involved in the community through health fairs, tutoring, and other activities. Examples include:

- South Asian Medical-Dental Association students learn about issues pertinent to South Asian health professionals and participate in health fairs.
- The Tufts Asian American Health Forum brings together medical students on the health concerns of Asian communities.
- American Medical Student Association members tutor ESL students.

For more on medical resources and programs see the listing at the back of this book or contact Community Relations at 617.627.3780.



South Cove and Angie Lee

After running the Boston Marathon with the Tufts team this spring, Angie Lee knows the value of hard work, diligence, and patience. She brought those same skills to her work this summer at the South Cove Community Health Center in Chinatown—just steps away from the Tufts School of Medicine—helping Associate Professor of Public Health Doug Brugge investigate asthma diagnosis in Asian-American children. Cultural confusion over the implications of the disease can complicate diagnosis, so Lee and Brugge surveyed patients at the center to find ways of improving the efficacy of diagnosing asthma.

One day, Lee made careful notations on her clipboard as she administered the survey to a small boy sitting across from her. She asked him and his mother questions in Cantonese, gauging their understanding of the symptoms of asthma. After the survey was complete, they chatted amiably. "Do you play baseball?" Lee asked. "Yeaahhhh," he responded, giggling as though the answer were obvious.

Lee explains, "the rates of asthma among Asian-Americans born in the United States are a lot higher than for Asian-Americans born abroad. Why would that be? In national reports done by the National Institutes of Health, they've looked at asthma among whites, blacks, Hispanics and 'other,' so the Asian-American population hasn't been looked at at all. That's why we chose to do that."

Nutrition

Sharing valuable information. Strengthening connections between students and their environment. Promoting healthy living across all age groups.



Faculty at the Tufts Friedman School of Nutrition Science and Policy include anthropologists, biomedical scientists, economists, epidemiologists, nutritionists, physicians, political scientists and psychologists who focus on various issues with the common thread of nutrition and its role in fostering the growth and development of human populations. The school's rigorous curriculum, research, applied programs and internships provide its students with the opportunity to make significant contributions to the nutrition and health of all populations.

Nutrition school students work with students at the Josiah Quincy School on the Rooftop Gardening Initiative. The project involves lessons on gardening, ecology, nutrition, and the environment, as well as a field trip to a local farm. Nutrition students also have presented to the community about establishing community gardens as part of the Greenway Project.

Scientists from the Jean Mayer USDA Human Nutrition Research Center on Aging (HNRCA), are leaders in the field of nutrition and aging. Their research has advanced the understanding of nutrition and health and the prevention of osteoporosis, heart disease, degenerative eye diseases, and muscle loss.

Through the HNRCA Speakers Bureau, these experts share information on a wide range of health and nutrition topics with elders in the Chinatown community and elsewhere. There is no charge for this service. Presentations last 60 minutes, including time for questions and answers, and are available in English and other languages.

Representatives of the Nutrition School and HNRCA also regularly participate in community outreach efforts, including the health fairs for Chinese Elders which include health and nutrition information and screenings ranging from cholesterol screening to bone density measurement. These health fairs are presented collaboratively by the Tufts Health Sciences Campus and community organizations such as the Greater Boston Chinese Golden Age Center, the South Cove Community Health Center and the Wang YMCA.

For more information on these resources, see the listing at the back of this book or contact Community Relations at 617.627.3780.



Selected Patient Information Resources in Asian Languages [SPIRAL]

SPIRAL, a Web-based healthcare resource, is a joint initiative of the South Cove Community Health Center and Tufts University's Hirsh Health Sciences Library. The project aims to:

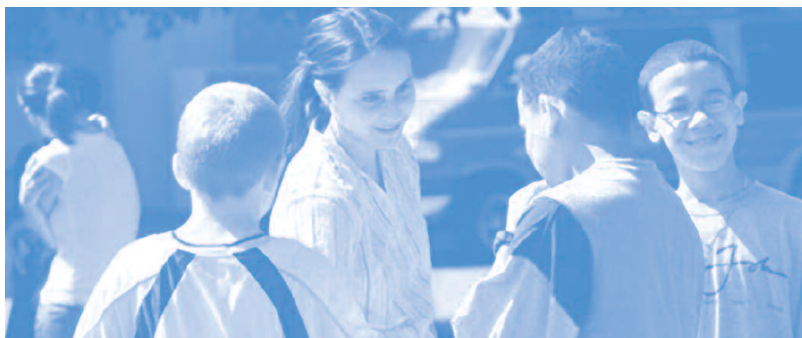
- increase electronic access to health information for healthcare consumers and providers by developing and maintaining an online database to meet the needs of the community.
- provide information in the languages of the community served, specifically, Chinese, Cambodian, Vietnamese, Laotian, Hmong, Korean, and Thai.
- offer information on a broad range of health topics, including cancer, diabetes, mental health, HIV/AIDS, domestic abuse, and many others.
- teach healthcare providers to use the wide variety of Internet resources available to them and their patients, including National Library of Medicine and Tufts University resources.

According to Eugene Welch, Executive Director of South Cove Community Health Center, "People don't realize how hard it is to access the healthcare system without help when you're an immigrant, but **SPIRAL** can help."

For more information on **SPIRAL**, see the listing at the back of this book.

Community

Supporting civic engagement. Fostering educational opportunities.
Seeking to improve public safety.



A network of students, faculty, and staff work with the community on issues relating to the educational, social, and civic wellbeing of the community. Much of this collaboration takes place at the Josiah Quincy School and Josiah Quincy Upper School. Examples include:

- The Student Teacher Outreach and Mentorship Program (STOMP). Tufts engineering students and faculty assist K-12 teachers in implementing engineering in their classrooms and providing students, particularly girls, with hands-on experience as well as role models and mentors in the sciences.
- The Jonathan M. Tisch College of Citizenship and Public Service partners with Chinatown schools through course-based opportunities and the Tisch Scholar Program. See facing page for more information.
- Tufts contributed \$2,000 to the playground improvement initiative at the Josiah Quincy School.

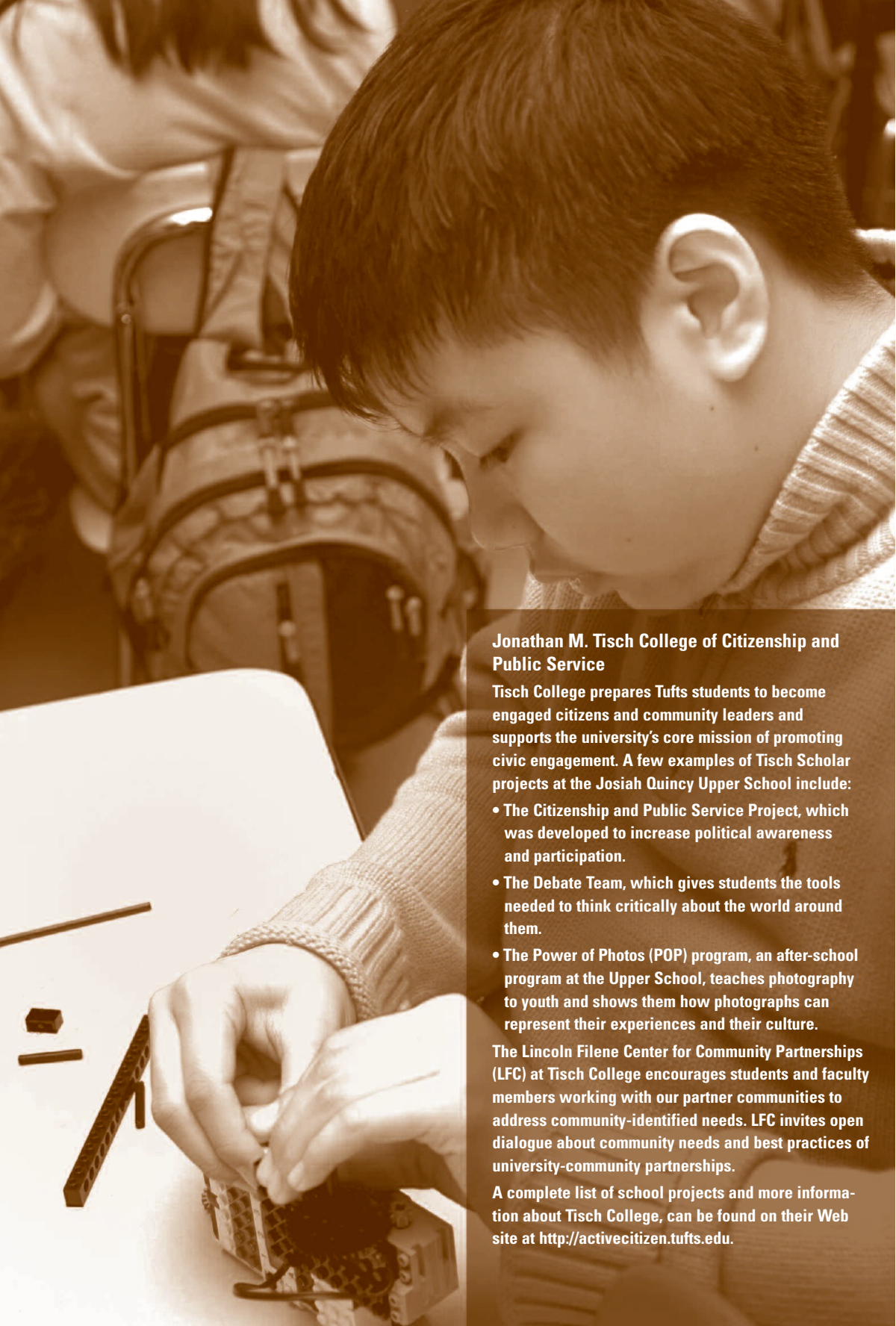
Tufts collaborates regularly with community organizations. Examples include:

- In Tisch College's Building Bridges Program, students contribute to Chinatown through internships with community organizations. In turn, the connections between academics and

active citizenship are reinforced by community leaders who supervise the interns and present their perspectives in the classroom. Other programs focus on arts and culture, land development issues, voter education and registration, social justice, and more.

- Tufts' Urban and Environmental Policy and Planning students work in teams on projects designed by community organizations. A recent project assisted the Asian Community Development Corporation in preparing the community planning process for the development of the Chinatown Gateway Area.
- Tufts is proud of its relationship with the Wang YMCA. The university's \$2.2 million contribution to help acquire new facilities at the former Don Bosco School has brought new resources to the community.
- Tufts supports the Chinatown Safety Committee and The Chinatown Coalition with logistical and financial contributions. The Tufts Police work with the Boston Police and community organizations on neighborhood safety issues.

For more information on these resources, see the listing at the back of this book or contact Community Relations at 617.627.3780.



Jonathan M. Tisch College of Citizenship and Public Service

Tisch College prepares Tufts students to become engaged citizens and community leaders and supports the university's core mission of promoting civic engagement. A few examples of Tisch Scholar projects at the Josiah Quincy Upper School include:

- The Citizenship and Public Service Project, which was developed to increase political awareness and participation.
- The Debate Team, which gives students the tools needed to think critically about the world around them.
- The Power of Photos (POP) program, an after-school program at the Upper School, teaches photography to youth and shows them how photographs can represent their experiences and their culture.

The Lincoln Filene Center for Community Partnerships (LFC) at Tisch College encourages students and faculty members working with our partner communities to address community-identified needs. LFC invites open dialogue about community needs and best practices of university-community partnerships.

A complete list of school projects and more information about Tisch College, can be found on their Web site at <http://activecitizen.tufts.edu>.

Resources and Contact Information

Dental, Medical, Nutrition

Pediatric Dental Clinics

Call 617.636.1338 for more information or to schedule an appointment.

Smile Squad

Call 617.627.3780 for more information.

The Sharewood Project

Call 781.324.1338 for more information or to schedule a medical appointment, or visit www.sharewood.info.

SPIRAL

Visit the Selected Patient Information Resources in Asian Languages (SPIRAL) at spiral.tufts.edu.

HNRCA

Call the Jean Mayer USDA Human Nutrition Research Center on Aging at 617.556.3013 to reach their speakers bureau. For more information, visit www.tufts.edu/resources/sbureau.shtml.

Contributing to the Economy

Tufts employs approximately 440 Boston residents, with an annual payroll of more than \$22 million.

Tufts paid in excess of \$2.65 million for goods and services from businesses located in the Chinatown area during fiscal year 2006.

Tufts paid the city of Boston \$178,930 in taxes and municipal fees in fiscal year 2006.

Tufts Health Sciences campus hosts a total of 1,973 students and 1,665 employees, many of whom patronize Chinatown businesses.

Close to 1,000 Tufts alumni live in the Chinatown area.

Other Resources

As part of the community agreement around the construction of the Sackler Center, Tufts donated \$100,000 to be used to provide financial assistance to youths from the community who attend Tufts. The fund is managed by the Chinese Consolidated Benevolent Society.

Seniors at the Josiah Quincy Upper School who are recommended by their guidance counselor are eligible to audit an entry level course at Tufts' Medford/Somerville campus during the spring semester. For more information, contact Community Relations at 617.627.3780.

Tisch College of Citizenship and Public Service has developed guides to facilitate greater awareness within Tufts and its partner communities about the resources available to foster greater civic engagement:

Partnering for Education: A Guide to Pre K-12 Education and Youth Development Related Resources at Tufts (a work in progress)

Partnering for Community Impact: A Resource Guide to Active Citizenship and Public Service Activities at Tufts

Partnering with Communities: A Guide to Getting Involved with Tufts Partner Communities

To obtain copies of these resource guides or more information about Tisch College, visit their Web site at <http://activecitizen.tufts.edu>.

Community Organization Support

Tufts maintains memberships in several community organizations and also provides facilities and financial assistance for programs in the community. Organizations recently assisted include:

- American-Chinese Christian Education and Social Services
- Asian American Civic Association
- Asian American Resource Workshop
- Asian Community Development Association
- Asian Shelter Advocacy Project
- Asian Task Force Against Domestic Violence
- August Moon Festival
- Boston Chinatown Neighborhood Center
- Boston Chinese Evangelic Church
- Chinatown Adventure Program
- Chinatown Beautification Committee
- Chinatown Community meetings regarding the Central Artery Tunnel Project
- Chinatown Neighborhood Council
- Chinatown Safety Committee
- Chinese Consolidated Benevolent Association
- Chinese Historical Society of New England
- Chinese Economic Development Center
- Chinese New Year Celebrations
- Chinese Progressive Association
- Greater Boston Chinese Golden Age Center
- Josiah Quincy Upper School
- Knight's Chinese Athletic Club
- Lower Washington Street Neighborhood Task Force
- North American Chinese Invitational Volleyball Tournament
- South Cove Community Health Center
- South Cove Manor
- The Chinatown Coalition
- Wang YMCA of Chinatown

For more information about Tufts programs and resources, visit our Web site at: www.ur.tufts.edu/communityrelations or call Community Relations at 617.627.3780.



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<http://ur.tufts.edu>

Tufts Community Appeal (TCA) and Tufts Neighborhood Service Fund (TNSF)

The Tufts Neighborhood Service Fund (TNSF) is a giving option within Tufts' annual Community Appeal. During the annual appeal, the university encourages employees to contribute to the charitable organizations of their choice. The university covers all the costs of operating this drive so that every dollar donated goes directly to the charities. The TNSF program recognizes outstanding community-based charitable organizations that serve Tufts communities and engage Tufts volunteers in their work. Since 1996, TNSF grants have gone to the following Chinatown organizations:

- American Chinese Christian Educational and Social Services
- Asian American Civic Association
- Asian Community Development Corporation
- Asian Task Force Against Domestic Violence
- Boston Asian Youth Essential Services
- Boston Chinatown Neighborhood Center
- Campaign to Protect Chinatown
- Chinese Economic Development Council
- Chinese Historical Society of New England
- Chinatown Main Street Program
- Chinatown Youth Marching Band
- Friends of the Chinatown Public Library
- Greater Boston Chinese Golden Age Center
- Josiah Quincy Upper School
- Oak Street Youth Center at the Boston Chinatown Neighborhood Center
- South Cove Community Health Center
- The Chinatown Coalition
- Wang YMCA of Chinatown